###### Wraparound Strengths & Needs Summary Ages 6-20

Youth and Family: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date:/Updated: \_\_\_\_\_\_\_\_\_\_\_\_

**DIRECTIONS:**

* Fill in each section for each life domain for which you have information. You may use the CANS domains and items to support conversation or to generate questions to ask as this document will be used to complete the CANS.
* For sections that are not applicable or for which you do not yet have information, put N/A or leave blank
  + *E.g., If there are no safety and crisis planning concerns in a domain, you do not have to fill out that section; If there are no needs identified in a domain, you do not have to fill out that section.*

**WRAPAROUND LIFE DOMAINS**

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| **1. Psychological/Emotional**  **Definition:** *Self-sufficiency in regards to the mental health of the youth and family and how they manage it. If the youth and/or a family member(s) have psychological or emotional challenges, they manage them in ways that help them maintain self-sufficiency in their other life domains as much as possible.*  **Related CANS domains and items:**   * **Child Strengths:** 14. Coping and Savoring Skills, 15. Optimism,  20. Resilience * **Exposure to Potentially Traumatic/Adverse Childhood Experiences:** 21. Sexual Abuse, 22. Physical Abuse, 23. Emotional/Verbal Abuse,  24. Neglect, 25. Medical Trauma, 26. Witness to Family Violence,  27. Witness to Community/School Violence, 28. War Affected,  29. Terrorism Affected, 30. Witness/Victim of Criminal Activity,  31. Parental Criminal Behavior, 32. Disruptions in Caregiving/Attachment Losses * **Trauma Stress Symptoms:** 33. Reaction to Traumatic Life Experiences,  34. Traumatic Grief & Separation, 35. Intrusions/Re-experiencing,  36. Hyperarousal, 37. Attempts to Avoid Stimuli, 38. Numbing,  39. Dissociation, 40. Emotional and/or Physical Regulation * **Life Functioning:** 44. Developmental/Intellectual, 51. Sexual Development * **Behavioral/Emotional Needs:** 59. Impulsivity/Hyperactivity,  60. Depression and Anxiety, 61. Psychosis (Thought Disorder),  62. Oppositional (Non-compliance with Authority), 65. Eating Disturbances, 66. Anger Control, 67. Situational Consistency of Challenges, 68. Duration of Mental Health Challenges, 69. Service Permanence * **Youth Risk Behaviors:** 1. Suicide Risk, 2. Non-Suicidal Self-Injurious Behavior, 3. Other Self-Harm/Recklessness, 4. Danger to Others,  5. Runaway, 7, Decision Making, 8. Fire-Setting, 9. Sexually Aggressive Behavior | | |
| **Strengths and Needs Summary:** | | **Safety and Crisis Planning Items:** |
| **Family Strengths:** |  |  |
| **Family Needs:** |  |  |
| **Youth Strengths:** |  |  |
| **Youth Needs:** |  |  |

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| **2. Family/Relationships**  **Definition:** *Self-sufficiency in regards to the quality of the relationships with family, friends, and acquaintances. The youth and family have individuals they rely on who support them in their growth and development when needed, and/or there is an agreed upon way to address challenges when they arise.*  **Related CANS domains and items:**   * **Youth Strengths:** 10. Family Strengths, 11. Interpersonal Skills, 18. Natural Supports, 19. Relationship Permanence * **Life Functioning:** 41. Family Functioning, 42. Living Situation * **Behavioral Emotional Needs:** 64. Attachment Difficulties, 67. Situational Consistency of Challenges, 69. Service Permanence | | |
| **Strengths and Needs Summary:** | | **Safety and Crisis Planning Items:** |
| **Family Strengths:** |  |  |
| **Family Needs:** |  |  |
| **Youth Strengths:** |  |  |
| **Youth Needs:** |  |  |

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| **3. Legal**  **Definition:** *Self-sufficiency in regards to legal involvement. If the youth or a family member have legal mandates, they manage them in ways that help them maintain self-sufficiency in their other life domains as much as possible.*  **Related CANS domains and items:**   * **Youth Risk Behaviors:** 6. Delinquent Behavior * **Exposure to potentially traumatic/adverse childhood experiences:** 31. Parental Criminal Behavior * **Life Functioning:** 48. Legal * **Behavioral Emotional Needs:** 67. Situational Consistency of Challenges, 69. Service Permanence | | |
| **Strengths and Needs Summary:** | | **Safety and Crisis Planning Items:** |
| **Family Strengths:** |  |  |
| **Family Needs:** |  |  |
| **Youth Strengths:** |  |  |
| **Youth Needs:** |  |  |

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| **4. Substance Use/Addictions**  **Definition:** *Self-sufficiency in regards to drug and alcohol use of a youth or family member that is illegal or influences their daily functioning. If the youth or a family member are using substances or living with an addiction, they manage them in ways that help them maintain self-sufficiency in their other life domains as much as possible.*  **Related CANS domains and items:**   * **Behavioral Emotional Needs:** 63. Substance Use, 67. Situational Consistency of Challenges, 69. Service Permanence | | |
| **Strengths and Needs Summary:** | | **Safety and Crisis Planning Items:** |
| **Family Strengths:** |  |  |
| **Family Needs:** |  |  |
| **Youth Strengths:** |  |  |
| **Youth Needs:** |  |  |

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| **5. Educational/Vocational**  **Definition:** *Self-sufficiency in regards to job or education. The youth and family are participating in their education, employment, or main occupation (e.g., stay-at-home parent, volunteer, student).*  **Related CANS domains and items:**   * **Child Strengths:** 12. Educational Setting, 13. Vocational * **Life Functioning:** 52. School Behavior, 53. School Attendance, 54. School Achievement * **Behavioral Emotional Needs:** 67. Situational Consistency of Challenges, 69. Service Permanence | | |
| **Strengths and Needs Summary:** | | **Safety and Crisis Planning Items:** |
| **Family Strengths:** |  |  |
| **Family Needs:** |  |  |
| **Youth Strengths:** |  |  |
| **Youth Needs:** |  |  |

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| **6. Health/Medical**  **Definition:** *Self-sufficiency in regards to physical health and medical challenges. If the youth and/or a family member have a physical health or medical challenge, they manage them in ways that help them maintain self-sufficiency in their other life domains as much as possible.*  **Related CANS domains and items:**   * **Life Functioning:** 45. Sensory, 49. Medical/Physical, 50. Sleep * **Behavioral Emotional Needs:** 67. Situational Consistency of Challenges, 69. Service Permanence | | |
| **Strengths and Needs Summary:** | | **Safety and Crisis Planning Items:** |
| **Family Strengths:** |  |  |
| **Family Needs:** |  |  |
| **Youth Strengths:** |  |  |
| **Youth Needs:** |  |  |

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| **7. Home/A Place to Live**  **Definition:** *Self-sufficiency in regards to the stability and quality of the housing situation of the youth and family. The youth and family have stable housing that does not jeopardize the safety, health, or well-being of the people living there, and there is no perceived or immediate risk of losing housing.*  **Related CANS domains and items: N/A** | | |
| **Strengths and Needs Summary:** | | **Safety and Crisis Planning Items:** |
| **Family Strengths:** |  |  |
| **Family Needs:** |  |  |
| **Youth Strengths:** |  |  |
| **Youth Needs:** |  |  |

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| **8. Daily Living/Life Skills**  **Definition:** *Self-sufficiency in regards to the youth and family members providing for themselves in the activities of daily life (e.g., eating, bathing, dressing, and going to the bathroom). The youth and family members are able to attend to activities of daily living. The adults are also able to care for the youth for whom they are responsible.*  **Related CANS domains and items:**   * **Life Functioning:** 46. Self-Care/Daily Living Skills * **Behavioral Emotional Needs:** 67. Situational Consistency of Challenges, 69. Service Permanence | | |
| **Strengths and Needs Summary:** | | **Safety and Crisis Planning Items:** |
| **Family Strengths:** |  |  |
| **Family Needs:** |  |  |
| **Youth Strengths:** |  |  |
| **Youth Needs:** |  |  |

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| **9. Spiritual/Cultural**  **Definition:** *Self-sufficiency in regards to participation in spiritual and cultural activities and organizations. The youth and family are participating in their spiritual or cultural communities in ways that are meaningful to them.*  **Related CANS domains and items:**   * **Cultural Considerations:** 55. Language, 56. Cultural Identity,  57. Cultural Events and Activities, 58. Cultural Stress * **Behavioral Emotional Needs:** 67. Situational Consistency of Challenges, 69. Service Permanence | | |
| **Strengths and Needs Summary:** | | **Safety and Crisis Planning Items:** |
| **Family Strengths:** |  |  |
| **Family Needs:** |  |  |
| **Youth Strengths:** |  |  |
| **Youth Needs:** |  |  |

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| **10. Financial**  **Definition:** *Self-sufficiency with regards to finances. The source of income for the family is reliable, consistent, and is enough to meet basic needs and monthly expenses.*  \*Family could include a youth who is emancipated (legally declared to be responsible to live on their own through a court process) or fully responsible for their own financial situation, based on choice or being kicked out of their home.  **Related CANS domains and items: N/A** | | |
| **Strengths and Needs Summary:** | | **Safety and Crisis Planning Items:** |
| **Family Strengths:** |  |  |
| **Family Needs:** |  |  |
| **Youth Strengths:** |  |  |
| **Youth Needs:** |  |  |

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| **11. Social/Recreational**  **Definition:** *Self-sufficiency in identifying opportunities and accessing and participating in social and recreational activities. The youth and family have social and recreational activities they enjoy doing and occupy their free time. The youth and family have the social skills needed to support them in meaningfully participating in these activities.*  **Related CANS domains and items:**   * **Youth Strengths:** 16. Talents and Interests, 17. Community Connection * **Life Functioning:** 43. Social Functioning, 47. Recreational * **Behavioral Emotional Needs:** 67. Situational Consistency of Challenges, 69. Service Permanence | | |
| **Strengths and Needs Summary:** | | **Safety and Crisis Planning Items:** |
| **Family Strengths:** |  |  |
| **Family Needs:** |  |  |
| **Youth Strengths:** |  |  |
| **Youth Needs:** |  |  |

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| **12. Safety and Crisis**  **Definition:** *Self-sufficiency in regards to the youth’s and family’s safety and crisis management. The youth and family are physically and emotionally safe. The youth and family manage crises with both prevention (proactive) and intervention (reactive) approaches utilizing outside supports as needed.*  **Questions to consider:**   * How do the youth and family view challenging behavior? (Communication of an unmet need?) * How do the youth and family define crisis? * Can the youth and family identify what leads to a crisis? * Are the youth and family familiar with and do they understand the crisis cycle? * What strategies do they use to prevent crises from occurring? * What strategies have they found to navigate the crisis cycle? * Do the youth and family feel they can manage a crisis on their own and/or with natural and informal supports? | | |
| **Strengths and Needs Summary:** | | **Safety and Crisis Planning Items:** |
| **Family Strengths:** |  |  |
| **Family Needs:** |  |  |
| **Youth Strengths:** |  |  |
| **Youth Needs:** |  |  |