A System of Care is:

"A broad flexible array of effective services and supports for a defined multisystem involved population, which is organized into a coordinated network, integrates care planning and care management across multiple levels, is culturally and linguistically competent, builds meaningful partnerships with families and with youth at service delivery, management and policy levels, has supportive management and policy infrastructure, and is data-driven."

The *Primer* summarizes system of care values and principles applied to any defined population of children, youth, and families as:

1. Family-Driven and Youth-Guided:

Family-driven-families have a primary decision-making role in the care of their own children as well as the policies and procedures for all children in their communities, states, tribes, territories, and nation.²

Youth-guided-young people have the right to be empowered, educated, and given a decision-making role in the care of their own lives as well as the policies and procedures governing the care of all youth in the community, state, and nation.³

- **2. Home and Community-Based**: services and system management are located within a supportive, adaptive infrastructure of structures, processes, and relationships within the local <u>community</u>.
- **3. Culturally and Linguistically Responsive**: agencies, programs, and services reflect the cultural, racial, ethnic, and linguistic differences of the <u>populations they serve</u>.
- **4. Strengths based and individualized:** youth should receive individualized services in accordance with their unique needs and potentials.
- **5. Coordinated across systems and services:** youth involved in multiple services should receive coordinated care delivered to support movement through systems and in accordance with their changing needs.
- **6. Connected to natural helping networks; and:** youth receive services and supports from the least restrictive options.
- **7. Data driven and outcome oriented:** youth outcomes are used to inform system decisions and changes.

¹ https://gucchd.georgetown.edu/products/PRIMER2ndEd FullVersion.pdf

² Osher, T., Penn, M., & Spencer, S. Partnerships with families for family-driven systems of care. In B. Stroul and G. Blau (Eds.), 2008 *The system of care handbook*. Baltimore: Paul H. Brookes Publishing.

³ YouthMove, 2006, Technical Assistance Partnership, American Institutes for Research, Washington DC.

Wraparound is:

A collaborative, team-based, principles driven, planning process. Through the wraparound process, teams create one individualized plan of care to meet the needs—and improve the lives—of multisystem involved youth and their families.

WRAPAROUND PRINCIPLES

- 1. Family-Driven and Youth-Guided (NWI: Family Voice and Choice): The family and youth, and their needs, direct the types and mix of services received.
- **2. Strengths-Based:** The strengths of the youth and family are assessed and considered pathways to resolve needs and concerns.
- **3. Natural Supports:** The team consists of more natural and informal supports than formal service providers. Natural supports are continuously encouraged and supported.
- **4. Individualized:** The services and supports are provided based on the needs and strengths of the family, not agency function, menus of services and milieu.
- **5. Culturally and Linguistically Responsive (NWI: Culturally Competent):** Supports and services build on the preferences, attitudes, beliefs and culture of the family and youth.
- **6. Team-Based:** All decisions are made by the team, not individuals. Families are actively involved in all decisions.
- **7. Community-Based:** The supports and services provided mirror that of the community of the family and youth. Every effort is taken to keep the youth in their community.
- **8. Collaboration:** All plans are co-authored by the team and family. All decisions are made at the team level.
- **9. Persistence:** Specific behaviors do not expel a family from the process. The created plan fails, not the family. Plans are revised at least every 30 days.
- **10. Outcome-based:** All supports and services should be based on what works. Each Wraparound plan should be linked to observable and measurable indicators of success.

Wraparound: www.nwi.pdx.edu