



## Life Domains for a Crisis Plan

1. **Family & Relationships**

Example for my life:

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2. **Home and a Place to Live**

Example for my life:

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3. **Psychological & Emotional**

Example for my life:

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4. **Health & Medical**

Example for my life:

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5. **Crisis & Safety**

Example for my life:

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6. **Financial**

Example for my life:

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7. **Educational and Vocational**

Example for my life:

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**8. Legal**

Example for my life:

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**9. Cultural and Spiritual**

Example for my life:

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**10. Daily Living**

Example for my life:

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**11. Substance Abuse and Addictions**

Example for my life:

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**12. Social and Recreational**

Example for my life:

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