

Youth Partner Crisis and Safety Plan Checklist

It is imperative that each youth you are working with has a crisis and safety plan. Make sure that if the youth does not have a crisis and safety plan, that you address such with the team, and that you work with the youth on what their crisis and safety plan will look like.

Below is a basic checklist that should be followed when doing crisis and safety planning on wraparound teams:

- Youth voice leading the crisis and safety plan *(the youth explains what works best for them, what does not work for them, what their triggers are, etc.)*
- Family members and natural supports informing the crisis and safety plan *(family members and natural supports explain what has and has not worked in the past, what they have the capacity to do/help with, what they've observed has led to crisis, etc. Remember, crisis planning needs to meet the needs of the whole family.)*
- Stages/levels/layers to the crisis and safety plan *(Crisis plans should not start with "call the crisis line." There should be multiple levels that include actions that include how to prevent a crisis.)*
- Provider input *(Providers should have input and suggestions for the youth and family, but should not be dictating the plan.)*
- Plan B *(Crisis and safety plans should have options.)*